

BRIEFING SPRINT

Jury

- President of Jury : Zuzana RYCHLIKOVA
- ISMF Referee : Kurt PIOTR
- ISMF delegate : Llouis LOPEZ

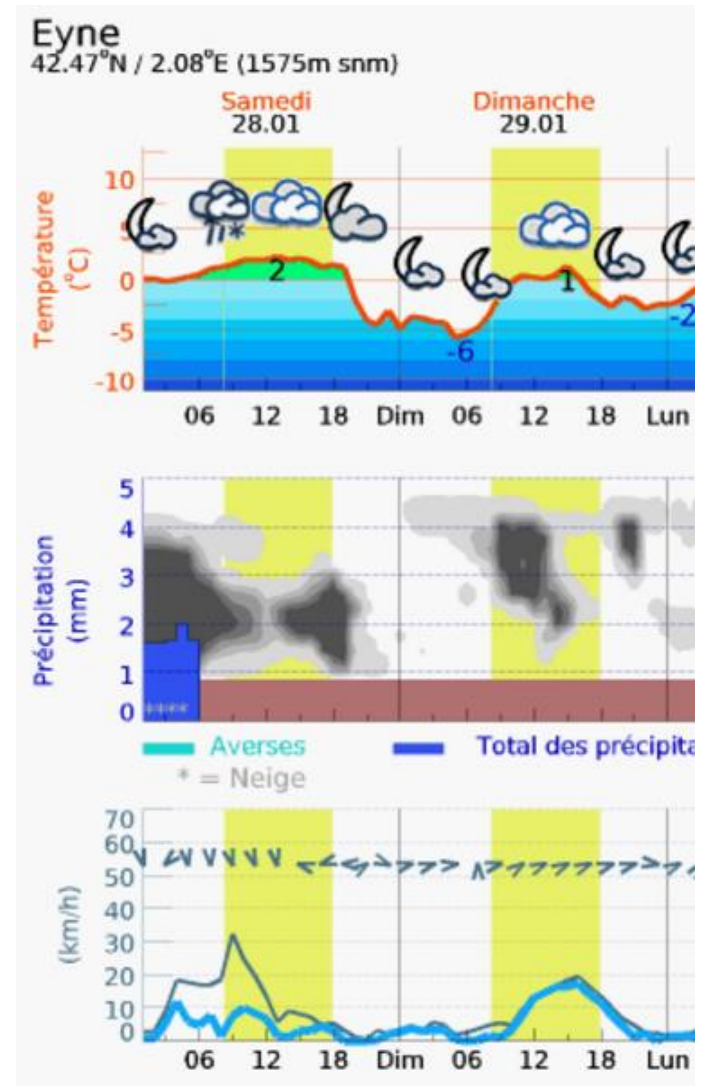
- Race director : Olivier MANSIOT
- Trail director : Yann GACHET

- ISMF Sport director : Rebecca VERNON
- ISMF Technical Director : Gil ORIOL

Weather

For the race :

- Cloudy
- Good visibility
- Temperature : 0°C



Programme

- 8:00-8:15 – Youth recognition
- 8:40 – Youth qualification
- 9:05 – junior men semi-finals
- 9:20 – junior women final
- 9:25 – junior men final
- 9:35 – junior flower Ceremony

- 13:45 - Medal Ceremony at IGESA

Programme

- 9:30-9:45 – Senior recognition
- 10:00 – Men qualification
- 10:21 – Women qualification
- 10:40 – Men $\frac{1}{4}$ final
- 11:10 – Women semi-finals
- 11:25 – Men semi-finals
- 11:45 – Women final
- 11:50 – Men final
- 12:00 – Flower Ceremony

- 13:45 - Medal Ceremony at IGESA

Equipment

COMPULSORY EQUIPMENT	SPRINT
Passport or ID card (on the finish line)	X
Skis	X
Bindings	X
Boots	X
Ski poles	X
Skins (one pair min.)	X
Helmet	X
Gloves	X
Rucksack	X
3 layers up	
2 layers down	
DVA	
Snow shovel	
Snow probe	
Survival blanket	
Sunglasses	
whistle	

Acces

